

LYNN FORD

Speaker One-Sheet.

Founder, Operations Strategist, Speaker, Podcast Co-host & Media Professional

• ABOUT

Lynn Ford is a founder, operations strategist, speaker, podcast co-host, and media professional. She is the Founder and CEO of NexaLynx, a human-led operational intelligence company helping property teams strengthen work-order coordination, vendor follow-through, documentation, visibility, and service continuity.

Lynn brings approximately 25 years of experience across dispatch, home warranty operations, vendor management, property services, commercial roofing, facilities coordination, and operational problem-solving. Her work is grounded in understanding the critical activity that happens between systems, people, vendors, and deadlines.

Through Lynn Ford Media and Lynx & Ladders — which she co-hosts with Jasmine St. John, Vice President of Strategy at Monarch Technologies — Lynn also speaks openly about entrepreneurship, women in male-dominated industries, leadership, chronic illness, fibromyalgia, mental health, relationships, boundaries, weight regain, resilience, and starting again without pretending previous experience has been lost.

Her media experience includes voiceover, social media management, independent content creation, podcast production, co-hosting Lynx & Ladders, hosting additional podcast programs, and appearing as a podcast guest.

• SIGNATURE TALKS

- **Operational Intelligence Is a Human Discipline**
- **Building a Company from 25 Years of Being Overlooked**
- **Women in Male-Dominated Industries, Without the Pep**
- **Talk**
- **Ambition and the Body That Has to Carry It**
- **Boundaries Are Operations for Your Life**



BOOK LYNN

booking@lynnfordmedia.com

lynnfordmedia.com/book